Arkansas School for the Blind and Visually Impaired Lunch Menu--March 2024

Students must take 1/2 cup of fruit or 1/2 cup of vegetable plus two other items. Menu items subject to change based on availability of stock. This institution is an equal opportunity provider.

MONDAY WEDNESDAY FRIDAY Salad Bar Chicken Club March 2024 _ettuce/Tomato/Pickle Crunchy Carrot Sticks Colorful Strawberries Salad Bar Salad Bar Salad Bar Salad Bar Salad Bar BBQ on Bun or PBJ Hamburger/Turkey Burger--with/without Cheese Chicken Tenders Beef/Chicken Nachos with Cheese Chicken Alfredo/Fettucine Crispy French Fries Traditional Mashed Potatoes Sauteed Peppers and Onions Steamed Broccoli Tasty Sweet Potato Fries Lettuce/Tomato/Pickle/Onion Golden Corn Hearty Pinto Beans Delicious Breadstick Wholesome Celery Sticks Hearty Baked Beans Toasty Biscuit Diced Tomatoes/Shredded Lettuce Chilled Tropical Fruit Fresh Apple Slices Chilled Strawberries/Sherbet Chilled Applesauce Juicy Grapes Grandma's Cookie Milk Choice Milk Choice Milk Choice Milk Choice Salad Bar Salad Bar Salad Bar Salad Bar Salad Bar Chicken Faiita Chicken Tenders--Regular/Lemon Pepper Chicken Parmesan/Spaghetti Salisbury Steak Grilled Chicken Club Yummy Pinto Beans Creamy Macaroni and Cheese Tasty Green Beans Steamed Brown Rice Crunchy Chips Tender Green Beans Golden Breadstick Tender Green Peas Lettuce/Tomato/Pickle Grilled Peppers and Onions Crunchy Carrot Sticks Warm Roll Chopped Romaine Lettuce/Tomatoes Whole Grain Roll Bright Carrot Sticks Chilled Fruit Cocktail Chilled Applesauce Juicy Tropical Fruit/Colorful Gelatin Chilled Pineapple Chunks Warming Cinnamon Apples Milk Choice

Have a great Spring Break!

25	26	27	28	29
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Turkey Sandwich	Hamburger/Turkey Burgerwith/without Cheese	Beef/Chicken Nachos with Cheese	Chicken Alfredo/Fettucine	Grilled Chicken Club
Crunchy Sun Chips	Lettuce/Tomato/Pickle/Onion	Sauteed Peppers and Onions	Steamed Broccoli	Delicious Chips
Snappy Red and Orange Bell Pepper Strips	Crunchy Chips	Hearty Pinto Beans	Delicious Breadstick	Lettuce/Tomato/Pickle
Chilled Watermelon	Cookie	Diced Tomatoes/Shredded Lettuce	Chilled Tropical Fruit	Crunchy Carrot Sticks
		Juicy Grapes/Cupcake		Strawberries
Milk Choice	Milk Choice	Milk Choice	Milk Choice	Milk Choice



Happy Spring

